

# BTAC PRE-COMP SWIM



**February 2-February 29**

**Tuesday 6:30-7:30pm**

**Wednesday 5:30-6:30pm**

(Register for one or both classes)

(Minimum of 5 required)

A non competitive class designed to improve swimming techniques with a professional swim coach. Includes land fitness and nutrition education for youth to age 14, level 4 and up.

**Sign-up and payment required at front desk.**

